

Greenwich Club

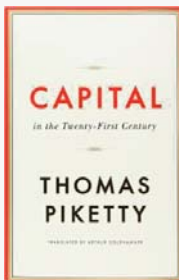
F O R S I N G L E S

October, 2014
Newsletter

Christ Church Greenwich
254 East Putnam Avenue
Greenwich, CT 06830-4871
Phone: 203-869-6600
www.GreenwichClub.org

Greenwich Club is a fellowship of and for unmarried adults living in Fairfield, Westchester and surrounding counties, sponsored by Christ Church Greenwich. Members are offered an opportunity to work and play together, to become better acquainted with each other and with themselves. To join, please download an application from our website (www.GreenwichClub.org). Annual dues are \$45.

Your October Wednesday Night Meetup Calendar



Oct. 1 – Economic Panel Discussion - *Capital in the 21st Century* by Thomas Piketty has written a new book that has captured the imagination of economists all over the world.

Briefly, he describes a process where the rich must get richer, in a capitalist system. Is he right? Join Ken Finn as moderator, and our distinguished economic panel, Rae Rosen, Jay Kane and David Kniffen as we explore the validity and relevance of Piketty's ideas. The future of the free world may depend on it.



Oct. 8 – Columbus Day Social! Everyone please bring a snack or beverage to share (or a \$10 contribution if you forget to bring something.)

See you there – Host: Winnie Walsh, [winifred.walsh@verizon.net](mailto:winfred.walsh@verizon.net) – Family Room (or Memorial Garden behind the church if weather permits).

Oct 15 – Dining Adventure – Fuji of Japan, 111 Old Kings Highway North, Darien, CT 06820 7:00 pm
Come join us for an authentic Japanese dining experience, including hibachi, sushi and saké!
Host: Jay Kane jbkane1@gmail.com.



Oct. 22 – Travelogue of Estonia by Olaf Soot, award winning renowned theatrical engineer, explorer, and gifted photographer. Olaf will focus on the beauty of his native country, Estonia, with a glorious video of his photos. Bring a friend and experience Estonia, the Baltic country currently in the news. Q and A to follow. RSVP not necessary, but appreciated for seating purposes. Coordinator: Loraine Salerno. LMSalerno@hotmail.com.



Oct. 29 – iPad presentation by Ben Wilson. "iPad briefing. Should you upgrade your iPad or iPhone with I.O.S. 8.0." Apple has developed a new software program that will be distributed in mid September 2014. I.O.S. 8.0 Has some new and very interesting features that will be useful to iPad and iPhone users. Members of the Computer Training staff at the Norwalk Senior Center will brief us on this new program and answer your questions.

BOARD CORNER

Rich Cardilli resigned as Social Cte Chair to pursue a personal project with his family. However, he has remained our counsel in this area which we value. Rich's dedication and tireless contributions to the Club are greatly appreciated.



Richard Cardilli

Also, as some of you know, Diane has left her post as President of the Greenwich Club the beginning of September. She has been exemplary in her dedication to our club.

Diane personally gave endless hours of her time and so inspired others to give above and beyond as well. Her organizational skill set kept the club on track, and she did all this while maintaining her delightful personality and good wit. We will miss her.



Free Friday Film: Seabiscuit

TIME: 8:00 p.m.

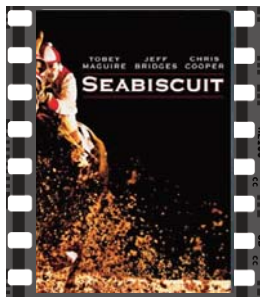
DATE: Oct. 24

PLACE: Greenwich Main Library, Cole Auditorium, 101 West Putnam Ave., Greenwich

MEET IN LOBBY: 7:40 p.m. and sit together on left side of theater facing stage.

DESCRIPTION: Starring Jeff Bridges, Tobey Maguire, Chris Cooper, Elizabeth Banks and William H. Macy and directed by Gary Ross. Seabiscuit, a small horse, had an inauspicious start to his racing career, but became an unlikely champion and a symbol of hope to many Americans during the Great Depression.

COORDINATOR: Pat Daigle



A few members who participated in discussing current affairs in our 60-minute program.

Just in Time for Fall: A Butternut Squash Soup Recipe



Prep time: 20 mins
Cook time: 30 mins

INGREDIENTS

- 3 tablespoons butter
- 3/4 cup chopped onion
- 1 (2 pounds) butternut squash, peeled, halved, seeded and cut into 1-inch chunks
- 1 medium green apple, cored and cut into 1-inch chunks
- 1/2 cup chopped pecans, toasted
- 1/3 cup orange juice
- 1/2 teaspoon ginger, ground
- 1/4 teaspoon nutmeg, ground
- 3/4 cup heavy cream
- 1 3/4 cups chicken stock

DIRECTIONS: Melt butter in large saucepan on medium-low heat. Add onion; cook and stir 3 minutes or until slightly softened. Add squash, apple, pecans and brandy, if desired. Cook on medium heat 1 minute, stirring occasionally.

Stir in orange juice, ground ginger, nutmeg and stock. Bring to boil. Reduce heat to low; cover and simmer 25 minutes or until squash is tender, stirring occasionally. Cool slightly.

With center part of cover removed to let steam escape, puree soup in batches in blender on high speed until smooth. Return pureed mixture to saucepan. Stir in heavy cream. Cook until heated through. Ladle into soup bowls.

Nutrition per serving: Calories: 320; Sodium: 335mg; Fat: 24g; Carbs: 23g; Cholesterol: 56mg; Protein: 3g; Fiber: 2g

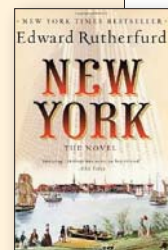


Book Group

The Book Group meets at Ann Sexton's house, 57 Drum Hill Lane, Stamford, the second Thursday of every month. For more information, call Ann Sexton, 203-968-8090.

October: New York, by Edward Rutherfurd. A rich, engrossing saga, weaving together tales of families rich and poor, native-born and immigrant—a cast of fictional and true characters whose fates rise and fall and rise again with the city's fortunes. From this intimate perspective, we see New York's humble beginnings as a tiny Indian fishing village, the arrival of Dutch and British merchants, the Revolutionary War, the emergence of the city as a great trading and financial center, the convulsions of the Civil War, the excesses of the Gilded Age, the explosion of immigration in the late nineteenth and early twentieth centuries, the trials of World War II, the near demise of New York in the 1970s and its roaring rebirth in the 1990s, and the attack on the World Trade Center. First 400 pages only.

We gladly welcome new members to our group!



**MONDAY
DINING MEETUPS
6:30 P.M.**

**Casual Dining at
Mackenzies**



148 Sound Beach Ave., Old Greenwich, CT
DATES: Oct. 13, Oct. 27
COORDINATOR: None; just drop in.

**Bistro Dining at Zody's
19th Hole**



E. Gaynor Brennan Golf Course,
451 Stillwater Ave., Stamford, CT
DATES: Oct. 6, Oct. 20
DISCOUNT: GC members enjoy a 10%
discount on several menu items.
COORDINATOR: Jay Kane, 203-661-9478



**NOTE: Wednesday Night Meetup Room
Change due to church scheduling - the
last Wednesday Meeting of every month
will be held in the Parish House Library,
the stone building attached to the right
of the church.**

GC October Hikes

October 5 Huntington State Park, Redding CT (B)

Meet: 10:30 AM intersection routes 58 & 107 in Redding. Carpool:* 9:45 AM Merritt exit 42, commuter parking lot.
Leader: Jennifer MacKenzie Home: 203-746-1459, Cell: 203-545-9945 jmack54@gmail.com

October 11 Saturday, A walk in Central Park

Join fellow walkers on an exploratory walk of the world's most famous urban park. Start at 59th St and walk to 110 St. - staying on the eastern side of the park. Meet: at Grand Central Terminal between 11 - 11:15 AM.
Leaders: Ann Sheridan, hungarynana@optonline.net, Nancy Vincent at nevincent09@gmail.com

October 12 Sunny Valley Nature Preserve (C)

Meet: 10:30 AM in the Staples side parking lot on the corner of Rte. 7 and Sunny Valley Road, there is very limited parking at the trail head (for GPS - 122 Danbury Rd, New Milford, CT). We will either car pool or simply walk up to the trail head.
Leader: Merrill Loechner 860-488-7112

October 19 Squantz Pond State Park, New Fairfield, CT, (B+)

Meet: 11:00 AM in the lower Squantz Park parking lot.
Carpool:* 9:30 AM Merritt exit 42 commuter parking lot.
Leader: George Hoeffcker 203-273-2181

October 26 Anthony Noes, Camps Smith Trail, (A)

Meet: 9:45 AM at Bear Mountain Bridge toll house.
Carpool:* Parking is limited, please look for carpooling opportunities.
Leader: Dennis Callahan 845-612-9720

Directions and information on: www.thehikinggroup.com.
Meetup site: <http://www.meetup.com/The-Hiking-Group-Ct-NY>

It's Flu Season — Protect Yourself!

The enterovirus (EV-D68) is taking America by storm. Already, there have been 225 cases in 27 states.

WHO'S MOST AT RISK: People with asthma. Children and elderly are always high risk.

HOW EV-D68 IS TRANSMITTED: The virus can be found in an infected person's respiratory secretions, such as saliva, nasal mucus, or sputum. EV-D68 likely spreads from person to person when an infected person coughs, sneezes, or touches contaminated surfaces.

SYMPTOMS: Mild symptoms may include fever, runny nose, sneezing, cough, and body and muscle aches. Most of the children who got very ill with EV-D68 infection in Missouri and Illinois had difficulty breathing, and some had wheezing. Many of these children had asthma or a history of wheezing.

**WHERE TO GET
A FLU SHOT**



- CVS
- Walgreens
- Urgent care facilities
- Your primary care physician

The CDC recommends getting the flu shot no later than October. Check with your doctor first to ensure you are a good candidate for the flu shot.

**The Family Room, next to the Parish House
(located at Christ Church Greenwich)**

From I-95, take exit 4 (Indian Field Rd.). Coming from New York (northbound side), turn left off ramp. Coming from New Haven (southbound side), turn right. Follow Indian Field Road to the traffic light at Route 1 (also called Post Rd. or East Putnam Ave.). Turn left and continue for about 1.5 miles (3 traffic lights) until you see large parking lot and Christ Church on your left.

**Fuji of Japan, 111 Old Kings Hwy. North,
Darien, CT 06820**

I-95 South to exit 13. Turn left onto Post Rd/US-1 S. Turn left onto Old Kings Hwy North (the corner immediately precedes Trader Joe's). Turn right behind Trader Joe's. 111 Old King's Hwy. is on left. From I-95 North to exit 11. Keep left to take the ramp toward Darien/R.R. Station. Merge onto US-1 N/Post Rd. Turn right onto Old Kings Hwy N. Old Kings Hwy N is just past Oberlander Pl. Rory's Restaurant is on the corner. If you reach Birch Road you've gone about 0.1 miles too far. 111 Old Kings Hwy. N is on the right.

**Mackenzie's Grill Room, 148 Sound
Beach Ave., Old Greenwich, CT 06870**

From I-95 (North or South): Take exit 5, the US-1 N exit, toward Stamford/Old Greenwich. Turn right onto E. Putnam Ave./US-1. CVS Pharmacy in Riverside Commons is on the corner. Take the 1st right onto Sound Beach Ave. (just past the Getty Mart on the corner). If you reach Boulder Ave. you've gone about 0.1 mile too far. Mackenzie's is on the left just before the train tracks.

**Zody's 19th Hole, E. Gaynor
Brennan Golf Course, Stamford**

From I-95 north: Take exit 6/Harvard Ave. At end of ramp, go straight one block. Turn left at next light onto West Ave., go straight across Post Road, then bear left around the island, turning onto Stillwater Ave. Continue on Stillwater about 1/8 mi. On your right you will see the golf course. Turn into the parking lot. From I-95 south: turn right off of exit 6 onto West Ave., then follow the directions above.

Additional directions can be found on our website under the "Newsletter" tab.

Greenwich Club

Board Members and Advisors

www.GreenwichClub.org

Email: greenwichclubct@gmail.com

President: Open

Treasurer: Del Zalesky, newdel2010@gmail.com

Recording Secretary: Marion Nolan,
nolanmar@aol.com

Membership Chair: J. Ford, grnwchclubmembership@gmail.com

Corresponding Secretary: Carolyn Moller,
doubledot08@gmail.com

Advisor: Jay Kane (past president),
Monday Night Dinner Host, jbkane1@gmail.com

Committees: *Communications and Church*

Liaison: Diane Caldwell, dsc0626@gmail.com;

Hospitality: Winnie Walsh, winfred.walsh@verizon.net;

Meetup Site Coordinator: Loraine Salerno, lm-salerno@hotmail.com;

Member Advocate: Marla Weston; marlamaytin@gmail.com;

Program Advisor: Ben Wilson, bw9797@msn.com

Newsletter Editor: Lynn Russo Whyly,

lynnrusso1204@yahoo.com; 203-921-7259

NEWSLETTER DEADLINE: the 15th of every month. **Suggestion:** [Why not print out this newsletter so you will have it handy during the month?](#)

GREENWICH CLUB
Christ Church Greenwich
254 East Putnam Avenue
Greenwich, CT
www.GreenwichClub.org
(Address Correction Requested)