

The



COTTON CLUB GREENWICH

Newsletter

Christ Church Greenwich, 254 East Putnam Avenue, Greenwich, CT 06830-4871 Phone: 203-869-6600

Cotton Club Greenwich is a fellowship of and for unmarried adults living in Fairfield, Westchester and surrounding counties, sponsored by Christ Church Greenwich. Members are offered an opportunity to work and play together, to become better acquainted with each other and with themselves. To join, please download an application from our website (www.cottonclubgreenwich.org). Annual dues are \$45.

You are cordially invited to attend ...

Intimate Fireside Dinners



*at host
member homes.*

**Saturday,
April 27, 6:30 p.m.**

**(times may be adjusted
by your specific host)**

Each home will have a maximum of 10 guests so be sure to reserve early as spaces are limited and must be on a first come, first seated, basis. Members only please!

Several members have generously offered to open their homes for this favorite event.

The main course will be provided by your host, and each guest will be asked to contribute a food or beverage item for the dinner party. Upon receiving your RSVP, your name and contact information will be given to your host and they will contact you directly with location,

start time, and with your food/beverage assignment. Your host and fellow guests will be relying on your food/beverage contribution, so last minute cancellations and "no-shows" are strongly discouraged.

These popular events are a wonderful way to meet new people in a quiet and personal setting, and new members are especially encouraged to attend.

See pages 2 and 3 for details on our new, "Annual Members Meeting". Food and beverages will be supplied by the Club (this is a members-only event). You do not need to bring anything, but come and celebrate and bring any requests you may have for programs and activities

Please RSVP no later than April 18 to Rich Cardilli 203-461-0986
or email rcard44@gmail.com

BOARD CORNER

As we move into spring, the CCG Board eagerly announces our first ever (in recent memory) **Annual Meeting** on **April 3** for all members. Please join us for an enjoyable evening of planning and discussion, and updates given on the “**State of CCG**” from board and committee members. Refreshments will be served. We have several fun events coming up this spring and we look forward to seeing you.



SAVE THE DATE! May 11 - tour of The Museum of Natural History, NYC (limited to 20 people)



April Hikes

For directions and more information, go to www.thehikinggroup.com.

DATE: April 7

PLACE: Trail from Bear Mountain under bridge to Fort Montgomery for short museum visit, Highland Falls , N.Y. (C)

TIME: 11:30 A.M. in front of Bear Mountain Inn, 55 Hessian Drive Highland Falls, N.Y.

DIRECTIONS: from CT or Westchester: Go over the Tappan Zee Bridge. Take Exit 13N onto the Palisades Interstate Parkway (PIP) heading north. Take the PIP to the end (past Exit 19). Follow signs to 9W south from the Bear Mountain Traffic Circle. Carpool 10:00 A.M. at exit 3 commuter parking lot off I-95 on north side.

LEADER: Helen Piltman 845 563-0604; cell phone 845-325-0719

DATE: April 14

PLACE: Westmoreland Sanctuary, Mount Kisco, NY (B-)

TIME: 11:00 A.M. Intersection of I-684, (exit 4) and Rt. 172, commuter parking lot. Brief memorial recognition of Al Miller at conclusion of hike. Carpool 10:30 A.M., Merritt exit 35, commuter parking lot

LEADER: Al Edly 203-323-9443

DINING MEETUPS

Casual Dining at Mackenzies, 148 Sound Beach Ave., Old Greenwich
DATES: Mondays, April 1, April 15, April 29 **TIME:** 6:30 p.m.
COORDINATOR: None; just drop in.

Bistro Dining at Zody’s 19th Hole, E. Gaynor Brennan Golf Course, 451 Stillwater Ave., Stamford
DATES: Mondays, April 8, April 22 **TIME:** 6:30 p.m.
DISCOUNT: CC members enjoy a 10% discount on several menu items.
COORDINATOR: Jay Kane, 203-661-9478

FREE FRIDAY FILM:

Salmon Fishing in Yemen

TIME: 8:00 p.m. to 10 p.m.

DATE: April 5

PLACE: Greenwich Main Library, Cole Auditorium, 101 West Putnam Ave., Greenwich

MEET IN LOBBY: 7:45 p.m. and sit together on left side of theater facing stage.

COORDINATOR: Andrea Anthony, 914-564-2775

DESCRIPTION: With Emily Blunt, Ewan McGregor, Kristin Scott Thomas. Directed by Lasse Hallstrom. A handful of curious Brits become literal fish out of water as they become mixed up in the dream project of an eccentric sheikh in this satiric comedy. 112 min. (2011)



NEWSLETTER DEADLINE: the 15th of every month.

DATE: April 21

PLACE: Fairfield Beach Walk, Fairfield CT (C)

TIME: 1:30 P.M. at Jennings Beach, Fairfield

DIRECTIONS: From south I-95 to exit 22 (Round Hill Road). Take right to US-1. Go left one block to South Benson; then make a right and follow signs to Jennings beach. From north: I-95 to exit 22. (North Benson). at end of ramp, turn left and follow signs to beach.

LEADER: Bill Jackson 203-259-6859

DATE: April 28

PLACE: Collis P. Huntington State Park, Redding CT. (A-)

TIME: 10:45 A.M. in the park; directly in front of the statues.

DIRECTIONS: From Merritt Pkwy. south, exit 44. Take a left off the exit ramp and then another quick left onto Route 58N, Black Rock Turnpike. Proceed approximately 11 miles to Sunset Hill Road and turn right. (Joel Barlow High School is about 1-2 miles before Sunset Hill Rd on the right side of Route 58N ; also the turn is immediately after Hopewell Woods Rd.) Proceed 8/10th of a mile on Sunset Hill Rd to the park which is on the right. From Merritt Pkwy. north, right off exit 44 ramp onto Route 58N & follow instructions above.

LEADER: Grace Baptist 203-979-6900



WEEKLY WEDNESDAY DISCUSSION AND SOCIAL

7:30 p.m. - 9:00 p.m.



■ **April 3 – First Annual Meeting of CCG:**

Members only board update, committee reports including social committee survey results, new business and planning. Refreshments and beverages will be supplied for you.

■ **April 10** – Off-site event at the Greenwich YMCA. 50 E. Putnam Ave., 7:00-9:00 p.m. Located next to Whole Foods. On I-95, use Exit 4 if driving South or Exit 3 if driving North. Park on Mason St. or across from YMCA in the Bank of NY parking lot. Enter through the door on Mason Street.

- 7 p.m. Welcome, refreshments
- 7:30 p.m. **Dr. Malynn Utzinger**, health and body talk (see bio bottom left)
- YMCA staff overview of the Y program
- Two week free trial YMCA membership for all members attending
- Facility tour for those interested

Coordinator: Rose Nichols

phone: 707-287-759

roselee_nichols@hotmail.com

Malynn Utzinger, MA, MD is double board certified in Family Medicine and Integrative Medicine and served as the Director of Women's Health for the Chopra Center in San Diego prior to moving to Greenwich, where she now has a consulting practice for people seeking greater vitality of body, mind and spirit. Dr. Utzinger often provides advice regarding western medicine, yet the tools she most commonly uses are foods and herbal medicines to calm inflammation, aid digestion and clear toxins. She teaches through quiet and active meditations, imagery, focusing therapy, biofeedback and energy medicine (such as acupuncture).

■ **April 17** – Talk on “**Guiding Eyes**”: Meet one of the most traveled, intelligent beasts on four legs. He's tall, blonde and handsome, and knows about 200 words and destinations. See what else makes this canine worth the \$50,000 of



breeding and training and meet his handler, visually impaired **restauranteur, Amy Dixon**.

■ **April 24 – Every Wed. from now until the May 4 Run, please drop off clothing and hygiene items at our Wed. evening meetings.**

In preparation for Midnight Run on May 4, we would like to organize a work table where we can get help pre-packing about 30 “health and hygiene” bags. With several hands helping out it should not take more than a half hour.

To prepare for this “assembly line bag pre-packing”, we would like to ask for donations of travel size items for the health bags to be brought to that meeting or dropped of before, below are suggestions of items needed.

The health items needed (small sizes) are: Shampoo, conditioner, lotion, no soap – there is plenty, washcloths, toothbrushes, toothpaste, razors, shaving lotion.

Donation suggestions: New socks, white or dark colors; new men's underwear, large; new or nearly new blue jeans - medium and large sizes; new or nearly new hoodies, dark colors with zipper; new or nearly new backpacks; or make checks out to Cotton Club Greenwich, and we will shop for you. Send to: CCG, Christ Church Greenwich, 254 E. Putnam Ave, Greenwich 06830. Mark “For Midnight Run” in the memo section.

During the pre-packing, we will have “60 Minutes at CCG, Q. & A.”, where we will all discuss questions. Topics: “ANYTHING GOES” ...could be dating, social, news of the day, favorite vacation spots, fondest memories.

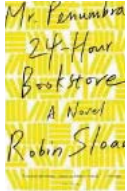
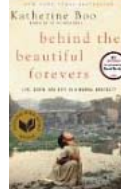
Members will write questions to put in the Q&A box and anyone can take a turn trying to answer or respond to them.



Book Group

The Book Group meets at Ann Sexton's house, 57 Drum Hill Lane, Stamford (203-968-8090). For more information, call Carolyn Ryzewicz (203-845-0698). New members are always welcome.

For the **April 9** meeting we will read "**Behind the Beautiful Forevers**," by Pulitzer Prize winner Katherine Boo. Winner of the 2012 National Book Award, this nonfiction account of life in the Mumbai slum of Annawadi shows what happens when the hopes of individuals intersect with tragedy and global recession.



On **May 14** the book will be **Mr. Penumbra's 24-Hour Bookstore**, by Robin Sloan. The tale begins in a mysterious bookstore in San Francisco but quickly reaches out into the worlds of technology, cryptography and conspiracy. Described as "funny, provocative, deft and thrilling" — perfect light reading for spring!

NEW LOCATION FOR WEDNESDAY EVE DISCUSSION & SOCIAL MEETINGS:

The Family Room (Tomes-Higgins is no longer available as it has been committed to another Church activity.) The Family Room is to the left side of the Parish House as you face it from Post Rd. The entry door is at the end of the walk-way Cloister which runs in front of the Parish House. It is a warm and cozy room.

Cotton Club Greenwich Board Members and Advisors, www.cottonclubgreenwich.org

President: Diane Caldwell, dsc0626@gmail.com
203-869-0535

V.P./Social Chair: Rich Cardilli,
rcard44@gmail.com 203-461-0986

Treasurer: TBA in May

Membership Chair: Open

Secretary & Hospitality: Marion Nolan,
nolanmar@aol.com 203-637-4220

Publicity: Denise Melato,
mannyhanny100@yahoo.com 203-834-0524

Advisor: Andrea Anthony (past president),
Newsletter & Website Liaison

Advisor: Jay Kane (past president), Monday Night dinner host

Advisor: Fran Thomas (past president),
Interim Treasury Liaison

Committees: *Outreach Chair:* open position;
Member Advocate: Marla Weston; *Music Chair:*
Lee Turner; *Church Liaison:* Joan Carter;
Email Announcement Chair: Carolyn Moller

Newsletter Editor: Lynn Russo Whyly,
lynnrusso1204@yahoo.com; 203-921-7259

(Address Correction Requested)
www.CottonClubGreenwich.org

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